



# SUSTAINABLE SWEDEN TOUR ITINERARY MAY 2008

Please join us for the Sustainable Sweden Eco-Municipality Study Tour. Participants will have the opportunity to meet their municipal, organizational and business counterparts in eco-municipalities throughout Sweden.

**Welcome** to Sweden and an exciting opportunity to explore how we can work in our communities toward a **sustainable** future. Although Sweden still is far from sustainable, the Tour will give you the chance to visit municipalities, businesses and organizations that will inspire you and offer ideas and models for solutions to our common **global** sustainability challenges, including the many threats posed to our communities and planet by climate change. This year we will have a special focus on the eco-municipalities and how they systematically are working to reduce their impacts on climate change.

The tour is divided into two **freestanding** parts, with one focusing on the northern part of our **beautiful** country and one visiting the southern region of Sweden. Included in the southern tour is the first International Eco-Municipality

**Conference**, which will be held in Helsingborg, Sweden between May 27th-29th. Participants may choose to attend just one part or both. Participants who sign up for both parts of the tour will receive a **discount** on the total cost of the tour.

We and our colleagues will be your guides during the tour and we look forward to meeting you in May.



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## ARRIVAL AT ARLANDA AIRPORT

Most tour participants will arrive by airplane and should book a ticket to Arlanda Airport in Stockholm, the capital of Sweden.

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### 17th of May

#### Activities

Arrival at Arlanda airport and travel to designated meeting place in Stockholm. Participants may take the Arlanda Express train from the airport into central Stockholm. Meet for early evening dinner in Stockholm with introductions and orientation and then travel by night train to Umeå in the north of Sweden.

#### People you will meet

Torbjörn Lahti  
Susanne Eriksson  
Tour participants

#### Lodging

Participants will sleep on the night train to Umeå

#### Meals

Dinner together with the tour crew and the rest of the participants in Stockholm prior to boarding the night train.

### Stockholm to Umeå

#### Saturday, 17th of May 2008

Welcome to Sweden! We will **start** the northern part of the tour with an early evening dinner in Stockholm where we will introduce tour participants and the tour crew and have a brief orientation. After dinner we will go to Stockholm's Central Station and board the **night train** to travel to Umeå.

Participants will sleep on the train and we'll arrive in Umeå on the morning of May 18th.



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# UMEÅ



During the first day of the tour we will guide you through the Natural Step Framework and provide a background on the unique features of the Swedish system and society. We also will visit a green apartment complex in Tomtebo.

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## 18th of May

### Activities

Seminar in the morning, study visits in the afternoon and reflexion in the late afternoon.

### People you will meet

Torbjörn Lahti  
Susanne Eriksson  
Anders Nyquist

### Lodging

Hotel Botnia, Na Obbolav. 125  
Website: [www.hotelbotnia.com](http://www.hotelbotnia.com)

### Meals

Breakfast at the hotel. Lunch and dinner together in a restaurant.

## Umeå

### Sunday 18th of May 2008

We will start with a seminar in the morning on the Natural Step **framework** and tools. What do we mean when we talk about sustainable development, sustainable societies, and sustainable living? How do we work in a systematic way to become sustainable?

We also will give you a background on the Swedish society, system and culture. Torbjörn Lahti, the founder of the first Swedish eco-municipality, will give an **introductory seminar** on the eco-municipality movement in Sweden and how these municipalities are systematically working to become more sustainable.

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## Tomtebo in Umeå

In the afternoon we will go to green architect Anders Nyquist's new **building** in Tomtebo, an area of Umeå municipality. This green- designed and built apartment complex focuses on social sustainability and includes features such as open space areas for tenants to **socialize** with each other.

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# UMEÅ

Umeå is one of the fastest growing cities in Sweden with a young population and home to a large university. The average age of the 110,000 people who live in Umeå is 37.

## 19th of May

### Activities

Morning lectures and a tour at GreenZone by Anders Nyquist. An after-lunch lecture about the BioFuel Region by Michael Jalmy. In the late afternoon we will travel to Dåva heating plant and then to Robertsfors.

### Who you will meet

Anders Nyquist,  
green building  
architect



Michael Jalmy,  
process leader for  
the Biofuel Region  
and Esam



### Meals

Breakfast at the hotel, lunch together at GreenZone and dinner together in Robertsfors.

### Lodging

The Mill in Robertsfors  
[www.överklintenskvam.nu/](http://www.överklintenskvam.nu/)

### More information

[www.greenzone.nu](http://www.greenzone.nu)  
[www.biofuelregion.se](http://www.biofuelregion.se)  
[www.umeaenergi.se](http://www.umeaenergi.se)

## Umeå

### Monday 19th of May

We will start the day at **GreenZone** -- a unique business park development that takes an eco-cyclic approach to design and operation. GreenZone was developed with a **holistic** view that endeavors to conserve natural resources within the building sector without compromising function or comfort.

GreenZone's principal architect, Anders Nyquist, will tell us all about the ground-breaking process of designing and building GreenZone (where, for example, every construction worker was trained in the Natural Step framework before construction began) and about the sustainable technologies used at GreenZone.

We also will meet Michael Jalmy and learn about the BioFuel Region. The vision for the **BioFuel Region** (BFR) is to be self-sufficient in transport fuels by 2030 and to be a world leader in the research and development, technology, production and utilization of **cellulose-based** biofuels from forests, fields and recycling. The BioFuel Region is focusing on a long-term process where **regional co-operation** is used to implement the development and introduction of renewable fuels.



After that we will travel to **Dåva Heat Plant** north of Umeå. Dåva produces district heating from waste and is one of the most energy efficient heating plants in the world.



DETHÅLLBARA  
ROBERTSFORS

## ROBERTSFORS

Robertsfors municipality has 7,000 inhabitants. The main industries in the region are forestry and farming.



### 20th of May

#### Activities

Lectures by Torbjörn Lahti and Gunnar Brundin and study visits in Robertsfors municipality.

#### People you will meet

Torbjörn Lahti

Gunnar Brundin, co-founder of Esam, coordinator of Sustainable Robertsfors, auditor of ISO 14001/9001

Lars Bäckström, Mayor of Robertsfors municipality

Politicians and civil servants from Robertsfors Municipality  
"The People of the Future" school project



#### Meals

Breakfast at the hotel, lunch and dinner at the municipality.

#### Lodging

Participants will sleep on the night train to Stockholm

**More information**  
[www.robertsfors.se](http://www.robertsfors.se)

### Robertsfors

#### Tuesday 20th May

We will start the day with a lecture by the management team of the "**Sustainable Robertsfors**" project, Mr. Torbjörn Lahti and Mr. Gunnar Brundin, will present the Robertsfors model, as well as the results of the "Sustainable Robertsfors" project, which was carried through between 2001 and 2006. The emerged model from the project has been an inspiration for other municipalities throughout the world! The foundation of the project has been **democracy** and capacity building. We also will meet the Mayor of Robertsfors, Mr. Lars Bäckström at his home and **organic** farm.

We also will visit some of the groups in Robertsfors that are working for **sustainability**, such as the "People of the future" initiative that is working with schoolchildren in Robertsfors. Finally, we will travel to the village of Åkullsjön where we will meet **pupils** and teachers in the environmental school, members of village development groups and representatives from the eco-village of **Sikeå**.



In the evening we will depart from Robertsfors and head back to Stockholm via the night train.





## LAST DAY OF NORTHERN TOUR

During the afternoon we will have a sum up of the northern tour before we end up with a common dinner. Participants who just attend during the southern tour will join us to the dinner.

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### 21st of May

#### Activities

On the 21st of May we are back in Stockholm again, after travelling by night train. An early breakfast at the Central Station. We will leave the luggage at the hostel

#### People we will meet

Representatives from the County Council of Stockholm

#### Meals

Breakfast at the hotel. Lunch and dinner together with the tour crew and participants continuing for the southern tour.

#### Lodging

Castanea Hostel in the Old City of Stockholm.

[www.castaneahostel.com](http://www.castaneahostel.com)

#### More information

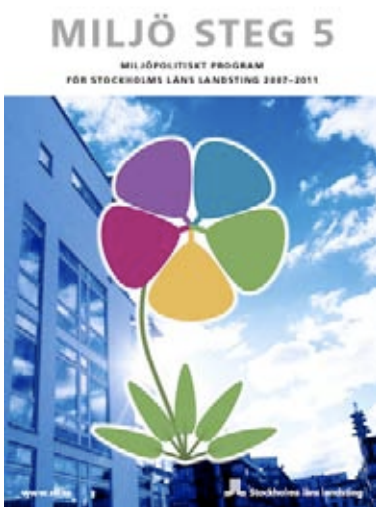
[www.sll.se](http://www.sll.se)

### Stockholm

#### Wednesday 21st of May 2008

Today we will meet with the **County Council** of Stockholm. The County Council runs the health care and the public transportation services in Stockholm County. The entire county council is ISO 14001-certified and has an environmental program.

We will get a chance to hear about how they are integrating environment, health care and public transportation meet Sweden's goal of becoming **fossil fuel free** by the year 2025. We will learn how Stockholm is encouraging more people to use the public transportation instead of cars. Stockholm introduced permanent congestion charges in 2007 after a trial period. Today the **public** transportation company has about 700, 000 passengers daily.





# FOR NORTHERN TOUR PARTICIPANTS WHO ARE CONTINUING ON THE SOUTHERN TOUR

For those participants who were on the northern tour and who are continuing with the southern tour and conference this will be a free day in Stockholm.

## 22nd of May

### Activities

Free day in Stockholm. No guided tours will occur today, – We will gather back together in Stockholm in the late afternoon to head for Järna, outside Stockholm, where we will join the new southern tour participants and spend the night.

### Lodging

Hostel in Järna

### More information

[www.stockholmtown.com](http://www.stockholmtown.com)

### Meals

Breakfast at the hostel in Stockholm. Lunch on your own and dinner together with the tour crew and participants in Järna.

**NOTE:** Lunch and sightseeing costs during this free day shall be covered by each individual tour participant-Stockholm

## Stockholm

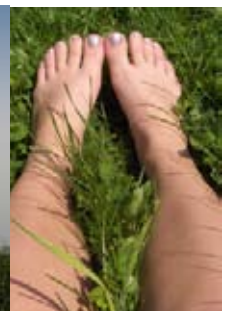
### Thursday 22nd of May

On the 21st, new participants will **arrive** during the day to participate in the southern part of the Sustainable Sweden Tour. These new participants will gather in Järna, outside Stockholm for a background seminar. For you who have participated during the northern tour, this will be a day off.

You will wake up in “Gamla Stan”, the beautiful **Old City** in the **centre** of Stockholm and you are free to use the day as you would like. We know from previous tours that by this time participants, need some extra sleep, time to take care of practical stuff such as camera batteries, laundry etc. Or you just might want some time alone to **reflect** on the tour this far.

No guided tours will occur during this free time. However, the tour crew will be happy to provide participants with some ideas for sightseeing during their free day.

In the late afternoon the tour crew will meet with continuing tour **participants** and travel with them out to Järna, southwest of Stockholm, where we will meet the **new** southern tour participants, have dinner together and stay the night.





# SOUTHERN TOUR BEGINS

Participants who are beginning with the southern tour, will arrive on the 21st of May

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## 21st of May

### Activities

Arrival at the airport and travel to Järna

### Who will you meet

Torbjörn Lahti  
Susanne Eriksson

### Meals

Dinner together with the tour crew and participants.

### Lodging

Castanea Hostel in the Old City of Stockholm.  
[www.castaneahostel.com](http://www.castaneahostel.com)

## 22nd of May

### Activities

Lectures throughout the day

### Meals

Breakfast at Castanea Hostel, lunch and dinner at Kulturhuset

### Lodging

Kulturhuset Hostel  
[www.kulturhuset.nu](http://www.kulturhuset.nu)

## Arlanda Airport - Järna

Wednesday, 21st of May

New participants just arriving for the southern tour will fly into Arlanda Airport in Stockholm during the day on the 21st of May. Participants may take the Arlanda Express train from the airport into central Stockholm, where the tour crew will greet you in the late afternoon. The tour crew will then guide you to the hostel in Old Town, Stockholm, where we will have dinner and present the tour programme, the tour crew and the participants.

## Järna

Thursday, 22nd of May

We will start with travelling to Järna by train. Then we will have a seminar in the morning on **the Natural Step framework** and tools. What do we mean when we talk about sustainable development, sustainable societies and sustainable living? How do we work in a systematic way to become sustainable? We also will give you a background on the Swedish society, system and culture. Torbjörn Lahti, the founder of the first Swedish eco-municipality, will give an introductory seminar on the **eco-municipality movement** in Sweden and how these municipalities are systematically working to become more sustainable. Seminar in the afternoon on the Eco-Municipality 5.0 showing a leading model for building sustainability locally

Dinner in the evening together with the tour crew and participants from the northern tour.





# JÄRNA

Järna is the center of the Anthroposophical movement in Scandinavia. Here you will find the largest sustainable community in with several thousand citizens and hundreds of different kinds of companies, schools, hospitals, agricultural operations, etc, unified by common sustainable ideas. The buildings and facilities where we will meet, also integrate approaches that foster ecological and social well-being.

## 23rd of May

### Activities

Study visits to Järna in the morning. In the afternoon we will travel by train to Falkenberg. Owner-led tour of our evening lodgings in Falkenberg.

### People you will meet

Representatives from Saltå kvarn  
Kristoffer Lüthi, Vice president of Ekobanken  
Eva Rynefors &, Hans Bulthius, owners of Bråtadal Hostel in Falkenberg

### Meals

Breakfast at the hostel, lunch in Järna and dinner on the train.



### Logdings

Bråtadal Hostel in Falkenberg

[www.kulturgarden.com/index\\_eng.htm](http://www.kulturgarden.com/index_eng.htm)

### More information

[www.saltakvarn.se](http://www.saltakvarn.se)

[www.ekobanken.se/www/default.asp?lang=GB](http://www.ekobanken.se/www/default.asp?lang=GB)

## Järna,

Friday 23rd of May 2008

In the morning we will visit **Saltå kvarn** and Ekobanken. Saltå kvarn is an organic food company that is based on four cornerstones: ecology, taste, health and credibility. They produce different kinds of flour, dried fruits, nuts, pasta, juice etc. We will hear their business' climate strategy

**Ekobanken** is an ethical bank where the money one saves in the **bank** helps to create a sustainable futures by making it possible to grant loans to initiatives that have a social, ecological and culture value.

## Train to Falkenberg

Friday 23rd of May

In the afternoon we will go to Södertälje train station to travel by **train** to Falkenberg in the south of Sweden. A bus will take us to Bråtadal Hostel outside of Falkenberg where Hans and Eva will welcome us to their fantastic country inn. They will guide us around the buildings and show how they have worked with ecological **tourism**.





## FALKENBERG

Falkenberg municipality has 39,000 inhabitants and is situated on the south west-coast of Sweden. Tourism and food production are the main industries.

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### 24th of May

#### Activities

In the morning we will do study visits in Falkenberg municipality.

#### Who we are meeting

Representatives from Falkenberg municipality  
Jan-Olof Andersson, Representative for Sustainable Vinberg, Municipality ecology expert

#### Logdings

Bråtadal Hostel in Falkenberg  
[www.kulturgarden.com/index\\_eng.htm](http://www.kulturgarden.com/index_eng.htm)

#### Meals

Breakfast at the hostel, local organic lunch and dinner together with the municipality representatives and local sustainable process representatives.

#### More information

[www.falkenberg.se](http://www.falkenberg.se)

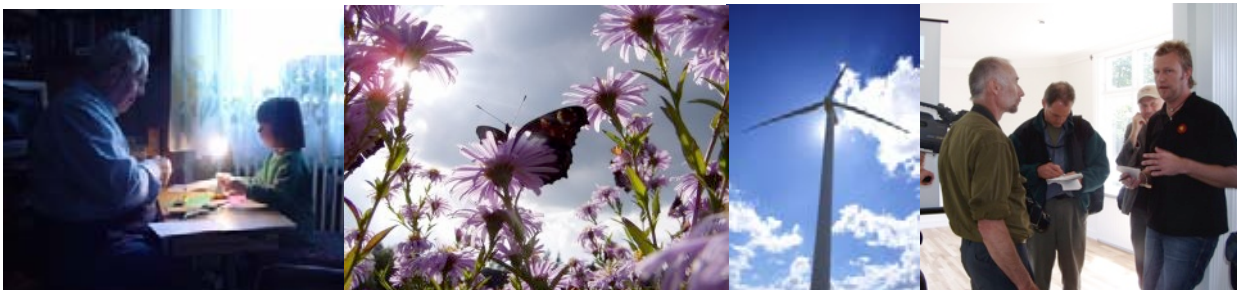
### Falkenberg,

Saturday, 24th of May 2008

In Falkenberg we will meet with Mr Jan-Olof Andersson, who is one of the initiators of a collaboration between the church and the villages within the municipality. Jan-Olof will show us how a municipality can be a bridge and a catalyst for sustainability. We will focus on sustainable processes. We will receive a broad presentation on the Falkenberg Sustainability Strategy, which includes:

- Energy and buildings
- Food systems
- Environment and water treatment

After lunch we will travel around Falkenberg municipality and meet for discussions concerning schools, churches, small and medium sized enterprises and local village society.



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# FALKENBERG



We stay at Bråtadal and our hosts will show us their fantastic country inn. In the afternoon we will reflect and discuss the impressions so far.

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25th of May 2008

## Activities

Sightseeing in Bråtadal.  
Reflection

## Who we are meeting

Eva Rynefors &, Hans Bulthius,  
owners of Bråtadal Hostel in  
Falkenberg  
Jan-Olof Andersson, Representative  
for Sustainable Vinberg, Municipality  
ecology expert

## Logdings

Bråtadal Hostel in Falkenberg  
[www.kulturgarden.com/index\\_eng.htm](http://www.kulturgarden.com/index_eng.htm)

## Meals

Breakfast at the hostel, local organic  
lunch and dinner together with the  
municipality representatives and  
local sustainable process represen-  
tatives.

## More information

[www.falkenberg.se](http://www.falkenberg.se)

## Falkenberg

Sunday 25th of May 2008

During the morning we will have a sightseeing in **Bråtadal** and their surroundings. Our hosts will guide us around the buildings and show how they have worked to create a successful ecological tourism destination.

In the afternoon we will have a seminar where we have a chance to

**reflect** and discuss sustainable development in Sweden and elsewhere. What are the **lessons** we can learn from Sweden?





# HELINGBORG

Helsingborg has the chairmanship of the Ecomunicipality organization. The city was founded in 1044 and became Swedish in the 1600 hundreds. At the present trade and transports are the main industries and the town has 122 000 inhabitants.

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## 26th of May 2008

### Activities

Travel from Bråtadal to Helsingborg by bus. Seminar at the municipal environmental office and afternoon visits around Helsingborg surroundings.

### People you will meet

Lars Thunberg, Helsingborg municipality representative and Chairman of the board of Swedish Ecomunicipalities

Tommy Persson, Helsingborg municipality and Coordinator of the Swedish Ecomunicipalities  
Dr Manfred Max- Neef, Economist, Winner of the Right Livelihood Award, Chile

### Meals

Breakfast at the hotel and lunch at the municipality. Dinner together in the evening.

### Lodging

Sundsgården, Helsingborg

### Learn more

[www.helsingborg.se](http://www.helsingborg.se)  
[www.sekom.se](http://www.sekom.se)

## Helsingborg

### Monday, 26th of May 2008

Helsingborg is very close to the Danish border (only 20 minutes away). Even though the political **leadership** has changed over every election during the last seven elections, the environmental and sustainability work has remained consistent. The municipality has managed to reach **consensus** between the political parties about its sustainability goals. In the morning, the municipality invites you to presentations on the **local initiatives for sustainable Helsingborg** and a closer look at the municipality's Environmental Programme, the **Climate Investment Programme**, Civic Committees and the South in Transition program.

After lunch you will learn about **SEkom**, the National Association of Swedish Ecomunicipalities. How does it work and who can become a **member**? What does it mean to be a member and what are the benefits to communities? We will also speak about other organizations that are linked to this tour and the International Eco-municipality Conference, including the **Sustainable Swe-**



SVERIGES EKOKOMMUNER

**den Association**, the Natural Step International and Esam AB.

Late afternoon and evening we will have a seminar around Sustainable Economy, where we also meet the **economist** Dr.



Manfred Max-Neef from Chile.



# INTERNATIONAL ECO-MUNICIPALITY CONFERENCE

27th-29th of May 2008



Welcome to Sweden and an historical meeting for the future

In June 2005, during some warm and sunny days, a group of committed people gathered in Madison, Wisconsin, USA to form a network of eco-municipalities in North America. We were invited to speak about Swedish eco-municipalities and inspire our friends who live on the other side of the Atlantic. The conference ended up with a deeper commitment to go further in our collaboration. My promise to the audience was to make an invitation for an international meeting in Sweden where eco-municipalities from different parts of the world would have the opportunity to meet, learn and be inspired by each other.

As chairman for the National Association of Swedish Eco-Municipalities, I now have the honour of welcoming you to Sweden for our first International Eco-Municipality Conference on 27-29 May 2008. I am especially happy to be able to host this conference in my hometown of Helsingborg, which is a member of the National Association of Swedish Eco-Municipalities (Sekom). Helsingborg is situated in the southern part of Sweden in the county of Skåne where the Öresund, which flows between Sweden and Denmark and connects the Baltic Sea and the Atlantic Ocean, is very narrow.

We want to extend a special invitation to representatives of the municipalities and communities in North America, Africa, Asia and Europe that have made formal political decisions to work for sustainable development as defined by the four system conditions developed by The Natural Step. We also invite representatives from national eco-municipality networks and people who are in alliance with those networks as coordinators and developers in their individual communities.



By the end of our conference, I expect that all of us will have strengthened our identity as eco-municipalities and that we jointly will have taken steps toward closer international cooperation. How that will happen and what roles we will play – that lies in all of our hands.

Please join us for an historical meeting for the future in the eco-municipality of Helsingborg.

Lars Thunberg  
Chairman for the National Association of Swedish Eco-Municipalities

Go to: [www.sekom.nu/internationalconference](http://www.sekom.nu/internationalconference) for updated information about the conference.





# DAY 1 - MAY 27TH INTERNATIONAL ECO- MUNICIPALITY CONFER- ENCE

## Helsingborg Tuesday 27th of May

In the morning, we will have a study visit at the Helsingborg municipal-**landfill** where biogas is produced to fuel the local bus fleet. We also will go to “**Miljöverkstaden**” - an environmental education centre. After lunch the Conference will **commence** with full assembly lectures throughout the afternoon. Go to: [www.sekom.nu/internationalconference](http://www.sekom.nu/internationalconference) for updated information about the conference.

09.00 am Study Tour

11.00 am Registration

12.00 pm Lunch

01.00 pm Full assembly lecture

**Welcome to Helsingborg and the first international Eco-municipality conference!**  
Mrs. Carin Wredström, Mayor of the City of Helsingborg Mr. Lars Thunberg, Chairman of the National Association of Swedish Eco-municipalities

**Strategic planning for a sustainable development** Dr. Karl-Henrik Robért, The Natural Step

**Eco-municipalities – from a bumble-bee to a global movement** Mr. Torbjörn Lahti, The Natural Step

03.00 pm Coffee break

03.30 pm Full assembly lecture

**Building a sustainable Sweden** Mr. Andreas Carlgren, Environment Minister of Sweden

**Aalborg Commitments – a tool for local governments to address the challenges of sustainable development** Mr. Peter Wenster, The Swedish Association of Local Authorities and Regions (SALAR)

**Fundamental Human Needs** Prof. Manfred Max-Neef, Chile

05.00 pm End of day 1

07.00 pm Dinner with entertainment



Karl Henrik Robert

Torbjörn Lahti

Margret Jobita

Andreas Carlgren

Lars Thunberg

Lisa MacKinnon

Peter Wenster

Manfred Max-Neef



# DAY 2 -MAY 28TH INTERNATIONAL ECO- MUNICIPALITY CONFER- ENCE

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## Helsingborg

Wednesday, 28th of May

The conference continues. This day will be a day for sharing, exploring and **inspiration**. In the evening we will travel to Helsingborg city or a guided tour and a dinner. After that we head back to **Sundsgården** where we stay the night. Go to: [www.sekom.nu/internationalconference](http://www.sekom.nu/internationalconference) for updated information about the conference.

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09.00 am Full assembly lecture

**Presentations from participating countries** Incl. Coffee break

12.00 pm Lunch

01.00 pm Workshop

**Mutual learning for local sustainable development.**

**Key factors for successful cooperation**

05.30 pm Bus to the City Centre

06.00 pm Guided tour of Helsingborg by foot

07.30 pm Dinner

11.00 pm Departure bus to Sundsgården and end of day 2

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# DAY 3 - MAY 29TH INTERNATIONAL ECO- MUNICIPALITY CONFER- ENCE

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## Helsingborg

Thursday, 29th of May 2008

The conference will conclude with a focus on **next** steps for our communities. After lunch and the end of the conference, participants will have one last opportunity for a guided study visit in Helsingborg to learn about the municipality's "**south in transition**" program for cross-sector planning in residential areas.

In the evening the Sustainable Sweden Tour participants will sum up the tour and have a farewell-and-see-you-again-party!

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09.00 am Full assembly lecture

**Summary of workshop discussions**

**What's the next step?** Incl. Coffee break

12.00 pm Lunch

01.30 pm End of the conference

01.30 pm **Study Tour**

**This time is open for those taking part in the conference to join the Sustainable Sweden Association tour group on the following visits in Helsingborg.**

**Participation and cross-sector planning in residential areas.**

Go to: [www.sekom.nu/internationalconference](http://www.sekom.nu/internationalconference) for updated information about the conference.

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# DEPARTURE

Friday, 30th of May 2008

On Friday the tour will be **over** and there are no other plans than to have breakfast and travel to the airport for return flights.

## Airport Choice

Tour participants can choose to book their return flights home from nearby **Copenhagen** International Airport (**Kastrup** Airport), which will require a one-hour train trip from Helsingborg to Copenhagen. For trips from Helsingborg to Kastrup Airport in Copenhagen see:

<http://www.skanetrafiken.se/upload/.se/Dokument/Restips/Travelguide.pdf>

<http://www.skanetrafiken.se/templates/InformationPage.aspx?id=2357&epslanguage=EN>

Participants who prefer to depart from **Stockholm** (**Arlanda** Airport) will need to take either the train from Helsingborg to Stockholm (approximately 6 hours), or take a regional flight (1 hour non-stop) from Helsingborg (Angelholm Airport) to Stockholm. For details about traveling back to Stockholm see:

Swedish Train System (SJ): <http://www.sj.se/sj/jsp/polopoly.jsp?d=10&l=en>

Angelholm Airport: [http://www.lfv.se/templates/LFV\\_AirportStartPage\\_\\_\\_\\_4777.aspx](http://www.lfv.se/templates/LFV_AirportStartPage____4777.aspx)

Participants might wish to reserve plane tickets for a little **later** in the morning since we will have a lastnight celebration on Thursday evening.



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# PRACTICAL STUFF

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## On-line registration

Register as a participant on our website [www.sustainablesweden.org](http://www.sustainablesweden.org) or contact Lisa MacKinnon or Susanne Eriksson

## Payment

After you have registered you will receive an invoice by e-mail. You can pay as you usually pay your invoices. An extra fee will be charged the Sustainable Sweden Association for the international transfer. We prefer not to receive checks as it is very expensive to cash. If you send us a check you will pay the cash in fee.

## Cancellation

Deadline for final payment is the 11th of April 2008. Cancellation of registration is subject to a cancellation fee of 50% of the deposit fee if the cancellation is made before April 11th. After 11th of April, no refund can be made. Please communicate any cancellations to Mona Pettersson Lahti.

## Cost includes

Costs include three daily meals, lodgings and traveling within Sweden during the tour (except some meals during the 17th, 21st, 22nd and 30th of May). Costs does not include airfare to and from Sweden. Costs does not include traveler's insurance coverage so all insurance coverage is the responsibility of the individual.

## Price

Northern tour 17 500 SEK.

Southern tour 32 000 SEK incl conference

Both tours 48 000 SEK incl conference

## Currency

The currency in Sweden is the Swedish Krona, SEK. The approximate change rate in February 2008 were:

SEK 100=USD 15.5

1 USD=6,45

## Deadline for payment

Deadline for final payment is April 11th 2008. A deposit fee is to be paid no later than 13th of March 2008. The deposit fee is 20% of the total cost.

## Lodging

All lodging during the Sustainable Sweden Tour are included in the price. Reservations are made for a bed in a twin bed room. If you would like a single room, an extra fee will be charged.

## Meals

Breakfast, lunch, dinner and coffee during the tour are included in the price, except when it is noted in the itinerary. Please let us know if you have any allergies, intolerance, preferences of any sort. We will do our best to meet your requests.

## Language

The official tour language will be English. There will be no simultaneous interpretation.

## Sweden

For more information about Sweden, visit: [www.sweden.se](http://www.sweden.se)

## Tour organizer

Sustainable Sweden Association.

## Carbon compensation

We try our very best to arrange a green tour, for example when we choose way of travelling, food, lodgings etc. We will offset the fossil CO2 emissions caused by the tour.

## U.S Contacts

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## Sweden contact

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**NOTE:** Sustainable Sweden Association reserve the right to make modifications to this itinerary if necessary.